

**THEORY AND TREATMENT OF SEVERE PSYCHOPATHOLOGY II:**  
**PSYCHOLOGY 802.03**

Spring 2010

Professor: Diana Diamond, Ph.D.

Office Hours: Tuesday 4:00-6:00 or by appointment)

**Course Description**

In the second semester, the course focuses on Axis I disorders, including unipolar and bipolar disorders, psychotic disorders, dissociative identity disorders (DID), and posttraumatic stress disorders. The course will examine these disorders from several different vantage points including the neurobiological, psychodynamic, familial, cognitive, and environmental/social perspectives. The course will also include selections from the theoretical, clinical and research literature on each disorder, as well as the intersection between Axis I and Axis II disorders. Students will also be expected to read first person accounts of the experience of the syndromes themselves. The course will also focus on the strengths and limitations of psychotherapeutic approaches to these disorders taking both case studies and clinical material from students own caseloads, as well as empirical research on therapeutic process and outcome.

The course requirements will include one major seminar report to be given during the semester on a topic relevant to the theory and treatment of severe psychopathology, and a paper on the same topic to be handed in no later than the last week in May.

The course requirements will include one major seminar report to be given during the semester and a paper on the same topic to be handed in no later than May 22, 2009. The grade for the course will be dependent on several dimensions: 1) the quality of the ongoing class participation; 2) the clarity and depth of the oral presentation; 3) the originality and depth of the final paper.

**Required Texts:**

Bion, W. (1967). Second Thoughts. London: Maresfield.

Blatt, S.J. Experiences of Depression: Theoretical, Clinical and Research Perspectives.

Blatt, S.J. (2008). Polarities of Experience: Relatedness and Self-definition in personality development, psychopathology, and the therapeutic process. Washington D.C.: American Psychological Association.

Herman, J. (1992). Trauma and Recovery. New York: Basic Books.

Buckley, P. (1988). Essential Papers on Psychosis. New York University Press.

Busch, F., Rudden, M., & Shapiro, T. Psychodynamic Treatment of Depression. Washington D.C.: American Psychiatric Publishing Inc.

- Cardinal, M. (1983). The Words to Say It. Van Vactor and Goodhart.
- Coyne, J. (1985). Essential Papers on Depression. New York: New York University Press.
- Green, M.F. (2003). Schizophrenia Revealed: From Neurons to Social Interactions. New York: W.W. Norton
- Goodwin, F. & Jamison, K. Manic-Depressive Illness. Second Edition. New York: Oxford University Press.
- Howell, E. (2005). The Dissociative Mind. Hillsdale, New Jersey: The Analytic Press.
- Jamison, K. (1993). Touched with Fire. New York: The Free Press.
- Jamison, K. (1996). An Unquiet Mind. New York: Hyperion Press.
- Kernberg, O. (1984). Severe Personality Disorders: Psychotherapeutic Strategies. New Haven: Yale University Press.
- Koenigsberg, H., Kernberg, O., Stone, M., Appelbaum, A., Yeomans, F., & Diamond, D. (2000). Borderline Patients: Extending the Limits of Treatability. New York: Basic Books.
- Sass, L. (1992). Madness and Modernism. New York: Basic Books.\*
- Schiller, L. (1996). The Quiet Room: A Journey Out of the Torment of Madness. New York: Warner Books
- Solomon, A. (2001). The Noonday Demon: An Atlas of Depression. New York: Scribner.
- Van der Kolk, B., McFarlane, & Weisaeth, L. (Eds.). (1996). Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society. New York: Guilford Press.

The above books should be ordered from Amazon.com.

All \*Readings can be found online.

Syllabus  
Theory and Treatment of Severe Psychopathology II

**Week 1: Trauma and Posttraumatic Stress Disorder**

Herman, J. (1992). Trauma and Recovery. New York: Basic Books. Part 1.

Van der Kolk, B. The Body Keeps Score: Memory and the evolving psychobiology of past traumatic stress. In: van der Kolk, B., McFarlane, A., Weisaeth, L. (eds.): Traumatic Stress. The effects of overwhelming experience on mind, body, and society. New York: Guilford Press.

Perry, B. Neurobiological Sequelae of Childhood Trauma. In Catecholamine Function in Posttraumatic Stress Disorder: Emerging Concepts, M. Michele Murburg (Ed.). Washington, DC, American Psychiatric Press, 1994, 233-255\*

Van der Kolk, B. (1996): The Complexity of Adaptation to Trauma. Self-regulation, Stimulus Discrimination, and Characterological Development. In: van der Kolk, B., McFarlane, A., Weisaeth, L. (eds.): Traumatic Stress. The effects of overwhelming experience on mind, body, and society. New York: Guilford Press.

Van der Kolk, B., van der Hart, O., Marmar, C. (1996): Dissociation and Information Processing in Posttraumatic Stress Disorder. In: van der Kolk, B., McFarlane, A., Weisaeth, L. (eds.): Traumatic Stress. The effects of overwhelming experience on mind, body, and society. New York: Guilford Press.\*

Loftus, E. The Reality of Repressed Memories. \**American Psychologist* 48:518-537, 1993.\*

Van der Kolk, B. The Assessment and Treatment of complex PTSD.\*

Van der Kolk, B. Exploring the nature of traumatic memory. Van der Kolk, B., Hopper, J.W., Osterman, J.E. *Journal of Aggression, Maltreatment and Trauma* 4(2), 9-31, 2001\*

Van der Kolk, B. and Fisher, R. Dissociation and the Fragmentary Nature of Traumatic Memories. \* *Journal of Traumatic Stress*. 8(4), 505-525, 1995.\*

**Week 2: Trauma and Borderline Conditions**

Westen, D. et al. Physical and Sexual Abuse in Adolescent Girls with

Borderline Personality Disorder. *American Journal of Orthopsychiatry* 60(1), 55-66, 1990\*

Wagner, A. & Linehan, M. Relationship Between Childhood Sexual Abuse and Topography of Parasuicide Among Women with Borderline Personality Disorder. *Journal of Personality Disorders* 8(1), 1-9, 1994.\*

Gunderson, J, and Sabo, A. The phenomenological and Conceptual Interface Between Borderline Personality Disorder and PTSD.\* *American Journal of Psychiatry* 150(1), 19-27, 1993\*

Piers, C. Contemporary Trauma Theory and its Relation to Character. \*

Prager, J. The Malleability of Memory: Toward an Understanding of the Meaning of Mis-Remembering, A Clinical Case Study. \*

Davies, J.M. Dissociation, Repression and Reality Testing in the Countertransference. The Controversy Over Memory and false Memory in the Psychoanalytic Treatment of Adult Survivors of Childhood Sexual Abuse.\*

Koenigsberg, H., Kernberg, O., Stone, M., Appelbaum, A., Yeomans, F., & Diamond, D. (2000). Borderline Patients: Extending the Limits of Treatability. New York: Basic Books. Chapter 9.

### **Week 3: Dissociation and Dissociative Identity Disorder**

Howell, E. (2005). *The Dissociative Mind.* Hillsdale, New Jersey: The Analytic Press.

Wagner, A. & Linehan, M. Dissociative Behavior. \*Cognitive-Behavioral Therapies for Trauma.\* Chapter 8. New York: Guilford Press, 1998, 191-225.

Kluft, R. Current Controversies Surrounding Dissociative Identity Disorder. \*

Liotti, G. Understanding the Dissociative Processes: The Contributions of Attachment Theory.\*

Gottlieb, R. M. Multiple Personality Disorder: Some Proposals Based Upon the Psychoanalysis of a Case. \*.

### **Week 4: Affective Disorders: Unipolar Disorder**

Nemeroff, C. D. and Vale, W.W. (2005). The Neurobiology of Depression: Inroads to Treatment and New Drug Discovery. *Journal of Clinical Psychiatry*, 66, supplement 7, pp.5-13.

Blatt, S. J. (2000). Two types of depression. Chapter 1. In: Blatt, S. J. Experiences of Depression: Theoretical, Clinical and Research Perspectives. Washington, D.C.: American Psychological Association.

Solomon, A. (2001). The Noonday Demon: An Atlas of Depression. New York: Scribner. Chapters 1 and 2.

Blatt, S.J. (2008). Polarities of Experience. Part III: Personality Organization and Psychopathology.

### **Week 5: Affective Disorders: Unipolar Disorder**

Luyten, P., Blatt, S., Van Houdenhove, B., Corveleyn, J. (2006). Depression research and treatment: Are we skating to where the puck is going to be? *Clinical Psychology Review*, 26, 985-999.

Claes, S.J. & Nemeroff, C.B. Corticotropin releasing factor (CRF) and major depression: Towards an integration of psychology and neurobiology in depression research. . In Corveleyn, J., Luyten, P., & Blatt, S. (Eds.) The Theory and Treatment of Depression: Towards a Dynamic Interactionism Model. New Jersey and London: Lawrence Erlbaum Associates.

Luyten, P., Blatt, S., & Corveleyn, J., The convergence among psychodynamic and cognitive-behavioral theories of depression: Theoretical overview. In Corveleyn, J.,

Luyten, P., & Blatt, S. (Eds.) The Theory and Treatment of Depression: Towards a Dynamic Interactionism Model. New Jersey and London: Lawrence Erlbaum Associates.

Luyten, P., Corveleyn, J. & Blatt, S. The convergence among psychodynamic and cognitive-behavioral theories of depression: A critical review of empirical research. In Corveleyn, J., Luyten, P., & Blatt, S. (Eds.) The Theory and Treatment of Depression: Towards a Dynamic Interactionism Model. New Jersey and London: Lawrence Erlbaum Associates.

Lewinsohn, P. M. (1985): Towards A Behavioral Approach to Depression. In: Coyne, J. (Ed.) Essential Papers on Depression. New York: New York University Press.

Rossellini, R.A., Seligman, M. E.P. (1985): Learned Helplessness and Depression. In: Coyne, J. (Ed.) Essential Papers on Depression. New York: New York University Press.

Abramson, L.Y., Seligman, M. E.P., Teasdale, J.D. (1985): Learned Helplessness in Humans: Critique and Reformulation. In: Coyne, J. (Ed.) Essential Papers on Depression. New York: New York University Press.

Coyne, J. (1985): Towards an Interactional Description of Depression. In: Coyne, J. (ed.) Essential Papers on Depression. New York: New York University Press.

Recommended:

Styron, W. Darkness Visible.

### **Week 6: Unipolar Disorder: Treatment**

Blatt, S.J. Clinical Expression of Anaclitic and Introjective Depression. Chapter 2. Experiences of Depression: Theoretical, Clinical and Research Perspectives. Washington, D.C.: American Psychological Association.

Busch, F., Rudden, M., & Shapiro, T. Psychodynamic Treatment of Depression. Washington D.C.: American Psychiatric Publishing Inc. (selections). Parts 1 and 2.

Blatt, S.J. (1995). The Destructiveness of Perfectionism: Implications for the Treatment of Depression. American Psychologist. 50, 1003-1020.\*

Blatt, S.J., Quinlan, D.M, & Pilkonis, P. (1995). Impact of Perfectionism and Need for Approval on the Brief Treatment of Depression: The National Institute of Mental Health Treatment of Depression Collaborative Research Program Revisited. Journal of Consulting and Clinical Psychology. 63, 125-132\*.

Weissman, M. and Klerman, G. Interpersonal Psychotherapy for Depression.\*

Leahy, R. L. Holland, S.J. (2000). Chapter 2: Depression. In: Leahy, R. L.

Holland, S.J.: *Treatment Plans and Interventions for Depression and Anxiety Disorders*. New York: Guilford Press.

Recommended:

Jamison, K. (1996). An Unquiet Mind. New York: Hyperion Press.

## Week 7: Bipolar Disorder

Goodwin, F. & Jamison, K. Manic-Depressive Illness. New York: Oxford University Press. (Part 1, Clinical Description and Diagnosis and Part II, Clinical Studies)

Cohen, M. B., Baker, G., Cohen, R. A., Fromm-Reichmann, F., Weigert, E.V. (1985): An Intensive Study of twelve Cases of Manic-Depressive Psychosis. In: Coyne, J. (ed.) Essential Papers on Depression. New York: New York University Press

Recommended:

Saks, E. 2007. The Center Cannot Hold; My Journey through Madness. New York: Hyperion.

## Week 8: Bipolar Disorder

Goodwin, F. & Jamison, K. Manic-Depressive Illness. New York: Oxford University Press. (Part IV), Pathophysiology (Genetics and Neurobiology).

Goodwin, F. & Jamison, K. Manic-Depressive Illness. New York: Oxford University Press. (Chapter 22, Treatment).

Jamison, K. (1993). Touched with Fire. The Free Press. (selections)

## Week 9: Personality Disorders and Affective Disorders

Paris J., Gunderson J., Weinberg I. (2007), The interface between borderline personality disorder and bipolar spectrum disorders. *Compr Psychiatry*. 2007 Mar-Apr;48(2):145-54.

Gunderson JG, Weinberg I, Daversa MT, Kueppenbender KD, Zanarini MC, Shea MT. (2006). Descriptive and longitudinal observations on the relationship of borderline personality disorder and bipolar disorder. *Am J Psychiatry*. 163(7)11:1173-8.

Kernberg, O. Severe Personality Disorders, Chapter 16: Diagnosis and clinical management of patients with suicide potential, pp.254-274

Weston, D., Moses, J., Silk, K., Lohr, N.E., Cohen, R. & Segal, H. Quality of Depressive Experience in Borderline Personality Disorder and Major Depression: When Depression is Not Just Depression. *Journal of Personality Disorders* 6, 382-393, 1992\*

Koenigsberg, H., Kernberg, O., Stone, M., Appelbaum, A., Yeomans, F., & Diamond, D. (2000). Borderline Patients: Extending the Limits of Treatability. New York: Basic Books. Chapter 8.

Paris, J. (2004). Borderline or Bipolar? Distinguishing Borderline Personality Disorder from Bipolar Spectrum Disorders. *Harvard-Review-of-Psychiatry*. Vol 12(3) May-Jun 2004, 140-145.

Cowdry, R. Psychobiology and Psychopharmacology of Borderline Personality Disorders. In Handbook of Borderline Disorders.

### **Week 10: : Psychotic Disorders**

Bion, W. Second Thoughts

Munich, D. The Psychotic Patient. In Psychodynamic Concepts in General Psychiatry.\*

Buckley, P. (Ed.) Essential papers on Psychosis. Selections

### **Week 11: Psychotic disorders: Schizophrenia**

The Schizophrenia Consortium. (2009). Common polygenic variation contributes to risk of schizophrenia and bipolar disorder. *Nature*, ([www.nature.com/nature/journal/vaop/ncurrent/full/nature08185.html](http://www.nature.com/nature/journal/vaop/ncurrent/full/nature08185.html))\*

Green, M.F. (2003). Schizophrenia Revealed: From Neurons to Social Interactions. New York: W.W. Norton. (selections)

Gabbard, G.O (1990): Schizophrenia. In: Gabbard, G.O. Psychodynamic Psychiatry in Clinical Practice. Washington, D.C: American Psychiatric Press.

Blatt, S.J. Disturbances in Object Representation in Schizophrenia \*

Rosenfeld, H. (1988): On the Treatment of Psychotic States by Psychoanalysis: An Historical Approach. In: Buckley, P. (ed.). Essential Papers on Psychosis. New York: New York University Press.

Searles, H. The Effort to Drive the Other Person Crazy-an Element in the Aetiology and Psychotherapy of Schizophrenia. in Selected Papers.\*

Ogden, T. Projective Identification, Psychotherapeutic Technique. Chapters 7 and 8. The Nature of the Schizophrenic Conflict and Treatment of the Schizophrenic State of Nonexperience. \*

**Week 12: Psychotic Disorders cont.**

Schiller, L. (1994): Part I: I hear something you can't hear. In Schiller, L: The Quiet Room. New York: Warner Books.

Schiller, L. (1994): Part II: I can fly. In Schiller, L: The Quiet Room. New York: Warner Books.

Saks, E. 2007. The Center Cannot Hold; My Journey through Madness. New York: Hyperion.

**Week 13: Family Perspectives on Borderline and Psychotic Disorders**

Koenigsberg, H. & Handley, R. Expressed Emotion: From Predictive Index to Clinical Construct. *American Journal of Psychiatry*, 143, 1361- 1373.\*

Diamond, D. & Doane, J. Disturbed Attachment and Negative Affective Style: An Intergenerational Spiral. *British Journal of Psychiatry*, 164, 770-781.\*

**Week 14: Family Perspectives on Borderline and Psychotic Disorders continued**

Hooley, J. & Hoffman. P.: Expressed Emotion and Clinical Outcome in BPD. *The American Journal of Psychiatry*; Oct 1999; 156. \*

Gunderson, J. (1993). The families of borderlines: a comparative study. *Archives of General Psychiatry*, 37, 27-33.

**Week 15: Social Perspectives on Borderline and Psychotic Disorders**

Sass, L, (1992). Madness and Modernism. New York: Basic Books. (selections).