

Syllabus

The course presents an overview of the history and current thinking on transference and countertransference, both from classical as well as relational and intersubjective perspectives. There is a significant clinical literature and although the class is structured as a practicum, will be supplementary readings each week. The class will focus on individual case presentations. While often the term countertransference is evoked when there has been an impasse in treatment, countertransference can often (like enactment) be the first manifestation of an analyst's unconscious knowing something about the patient so I'm going to leave the choice of session material to the presenter (i.e. what he/she feels will be useful to the treatment). We will try to understand the material both in terms of the patient's dynamics and those aspects of the therapist's conflicts *which are evoked by the treatment*. Session material is to be typed and distributed by the Thursday prior to the class.

Basic Texts:

Tansey, M. & Burke, W. (1989). Understanding countertransference: From projective identification to empathy. Hillsdale, N. J. The Analytic Press.

Racker, H. (1968). Transference and Countertransference. New York: International Universities Press.

Week 1 - 2 : Transference and Working Alliance (When is it transference?)

Freud (1912) Recommendations to physicians practicing psychoanalysis. SE 12: 111 - 120.
(1914) Remembering, repeating and working through. SE 12: 146 - 156.

Greenson, R. And Wexler, M.(1969) The Non-Transference relationship in the psychoanalytic situation. IJPA, 50, 27 - 38

Stein, M. (1981) The unobjectionable part of the transference . JAPA 29, 869 - 891

Wilson, A. & Weinstein, L. (1996). The transference and the zone of proximal development. JAPA, 44, 167 - 200.

Bird, B. Notes on Transference: Universal phenomenon and hardest part of analysis. To be distributed.

Westen, D & Gabbard, G. (2002) Developments in cognitive neuroscience II. Implications for theories of transference. JAPA 50, 100 - 131 To be distributed

Gill, M. Analysis of Transference. Psychological Issues Monographs. 53 New York: IUP.

Week 3 - 6 Theories of Countertransference (Good or bad?)

The historical/classical take:

Reich, A. (1951) On countertransference. IJPA, 32, 25 - 31

Reich, A. (1960). Further remarks on countertransference. In Annie Reich: Psychoanalytic Contributions. New York: IUP To be distributed

Kohutian approaches:

Wolfe, E. (1975) Countertransference in disorders of the self. In Countertransference, ed. L. Epstein & A. Feiner. New York Araonson p. 445 - 469.

Broadening the Concept: Kleinian and British Object Relations Approaches
Tower, L. Countertransference. To be Distributed

Heimann, P. (12950). On countertransference. IJPA, 31: 81 - 84.

Winnicott, D. W. Hate in the Countertransference. IJPA, 30, 69 - 74. To be distributed

Loewald, H. Transference-Countertransference To be distributed

Sandler, J. (1976). Countertransference and role-responsiveness. IJPA, 3, 43 - 47

Kernberg, O. Notes on countertransference: To be distributed.

Modern Views

Smith, H. (2000). Countertransference, conflictual listening and the analytic object relationship. JAPA, 48, 95 - 128. (Paper is available on the web at Psyche Matter)

Smith, J. (2003). Transference: The evolution of a concept. IJPA. To be distributed

De Bernardi, B. (2000). Countertransference: A Latin American view. IJPA 81: 331 - 352.

Dupart, F. (2001) The countertransference scene in France. IJPA, 82, 151 - 170

Bachant, J. L. & Adler, E. (1997) Transference: Co-constructed or brought to the interaction? JAPA 45, 1097 - 1120.

Week 7- 8 Action and Enactment

Jacobs, T. On countertransference enactments To be distributed

Katz, G. (1999). Where the action is: The enacted dimension of analytic process. JAPA 46. (Paper is available on the Web at the JAPA website.

Week 9 - 10: How the analyst works

Beres, D. & Arlow, J. A. (1874). Fantasy and identification in empathy. Psychoanalytic Quarterly. 43: 26 - 50.

Ogden, T. (1997) Reverie and metaphor: Some thoughts on how I work as a psychoanalyst. International Journal of Psychoanalysis, 78, 719.

Ogden, T. (1994). The analytic third: Working with intersubjective clinical facts. IJPA, 75, 3 - 732.

Lasky, R. (2002). Countertransference and the analytic instrument. Psychoanalytic Psychology, 19, 95-117.

Ross, D. & Kapp, F. (1962). A technique for self-analysis of countertransference: use of the analyst's visual images in response to patient's dreams. JAPA 10: 643 - 657/.

.Weeks 11 - 15 Special Topics

Gender

Appelbaum, A. Diamond, D. (1993) Prologue: impact of gender on transference, countertransference. Monograph from Psychoanalytic Inquiry to be distributed in class

Cultural Considerations: Race, Religion, Ethnicity

Presentation: Michelle Friedman, M. D. on working with orthodox patients in analysis. Paper on ADo Orthodox patients need orthodox analysts? @ to be distributed in class.

Additional Background Readings:

Knafo, D. (1999). Anti-semitism in the clinical setting: transference-countertransference. Journal of the American Psychoanalytic Association, 47: 35 – 64

Holmes, D. F. (1982). Race and transference in psychoanalysis and psychotherapy. International Journal of Psychoanalysis. 73: 1 – 12.

Special Problems of Countertransference in Children

Bornstein, B. (1948). Emotional Barriers in the understanding and treatment of children. The American Journal of Orthopsychiatry. Volume 18, 4. To be distributed

Frankiel, R. (1985). The stolen child: fantasy, wish source of countertransference Int. Rev Psychoanalysis . 12, 417 - 430.

Sleepiness

Brown, D. G. (1977) Drowsiness in the countertransference: International Review of Psychoanalysis 4 481 - 492.

Dean, E. (1957) Drowsiness as a symptom of countertransference. Psychoanalytic Quarterly. 26: 246 - 247

Ogden, T. H. (1995) Aliveness and deadness of the transference - countertransference International Journal of Psychoanalysis, 76, 695 - 710.

Framework as a Manifestation of Countertransference enactments

Langs, R. (1975). The therapeutic relationship and deviation in technique. IJPA 4, 106 - 141

